



Medical Aromatherapy: Healing with Essential Oils

Kurt Schnaubelt

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This distinguished organic chemist shares his in depth knowledge of the particular current value of essential oils, for health on all levels. In an era when Western allopathic medicine has less and less appeal, this self-care method is a potent alternative, with roots going back to ancient times. Dr. Schnaubelt has a gift for presenting facts and information in a way that is intriguing and easy to assimilate. In the flood of "coffee table" aromatherapy books currently available, this is a much needed and welcome source for those truly interested in taking responsibility for their own health.

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