



Handy Pocket Guide to Tropical Herbs & Spices (Handy Pocket Guides)

Wendy Hutton

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Learn the essentials of Asian spices and herbs with this useful and portable reference book.

The Handy Pocket Guide to Tropical Herbs & Spices introduces over 35 different herbs, spices and aromatics commonly found in Asia. Each item is clearly presented and described in detail, with notes on its country of origin and areas of growth. Culinary options are also provided, with helpful tips on how to make the most of these tasty flavorings. With four exciting Asian spice recipes for readers to try, this book is an absolute must for lovers of tropical tastes.

Periplus Handy Pocket Guides are practical field guides, useful for identifying various natural objects ranging from plants and animals to gemstones and seashells. Each page of each title throughout the series is filled with clear, precise photographs and informative text. Scientific and local language names are given.

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