



Thrive on Pressure: Lead and Succeed When Times Get Tough

Graham Jones

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Be the Leader Who Is Cool, Calm, and in Control--Even in the Worst of Situations

"This book is a great guide for helping you thrive on pressure and use it to your advantage." -- Bill Vit, President and COO, Aon Affinity Insurance Services

"Thrive on Pressure focuses not only on theoretical aspirations, but also on practical measures to manage and utilize the pressures that are an inevitable part of the job." -- Edward Dolman, Christie's International PLC

When the going gets tough, you get going! Author Graham Jones, Ph.D., whose work has been featured in the *Harvard Business Review*, shows you how to excel when the chips are down and use pressure to your advantage. With his successful program, you'll learn how to: • Manage stress • Develop strong self-belief • Improve mental outlook • Channel motivation into tangible goals • Refine your focus

If you have the guts to make a real difference in your organization, you're ready to *Thrive on Pressure* and produce positive results for you and your team!

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