



Hellbent for Cooking: The Heavy Metal Cookbook

Annick Giroux

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With this delicious collection of favorite basic recipes by heavy metal bands from around the globe, Annick “The Morbid Chef” Giroux declares war on junk food, and fires up the flame for a special heavy metal feast.

Hellbent for Cooking feeds voracious appetites with a varied menu of over a hundred recipes from thirty countries, including Yorkshire Pudding from England, Beer Pizza Crust from Germany, Spaghetti Barracuda from Italy, Fårikål from Norway, Country Lamb Exohiko from Greece, Churrasco from Brazil, and Mushroom Steak à la Jack Daniel’s from the United States.

The dishes are legendary, and so are the bands. Feel the heat of thrash metal pioneers Sepultura, Kreator, Anthrax, and Nuclear Assault; the proto-metal heavy rock of Thin Lizzy, early Judas Priest, and Uriah Heep; the slow-cooked doom of Pentagram and Saint Vitus; and the extreme cuisine of underground pioneers Autopsy, Death, Repulsion; and Norway’s infamous black metal chefs Mayhem and Gorgoroth.

Raise your infernal fork for madman Chris Reifert’s Mummified Jalapeño Bacon Bombs, then sample Roast Beef with Green Beans prepared under the watchful eye of Udo Dirkschneider of Accept. Try After the Bombs’ Speed Metal Vegan Tofu, or Eyehategod’s favorite New Orleans Blood Red Beans and Rice.

Afterwards, Doro Pesch of Warlock serves her Black Forest Cake, and Richard Christy from Death pours his trademark cocktail, the mighty Viking Testicle. Now for anyone with a taste for metal: The kitchen gates are open—grab your weapons of mass nutrition and let the feasts begin!

Featuring a full flavorful menu of appetizer, breakfast, lunch, dinner, vegetarian, seafood, dessert, and drink recipes contributed by members of:

Abigail, Abscess, Accept, After the Bombs, Alcoholic Rites, Amebix, Anthrax, Anvil, Armored Saint, Arphaxat, Atomizer, Autopsy, Bastardator, Böhler, Blackfire, Blasphemy, Brutal Truth, Budgie, Bulldozer, Cauldron, Children of Technology, Control Denied, Countess, Cruachan, Dantesco, Deadmask, Death, Death SS, Deiphago, Denial of God, Desolation Angels, Destruction, Devastation, Dissection, Doro, Dusk, Electric Wizard, Elixir, Envenom, Exciter, Eyehategod, Faustcoven, Funerot, Goat Horn, Gorgoroth, Grimorium Verum, Gwar, Hidden Hand, Holocausto, Impaler, Inepsy, Judas Priest, Killers, Kreator, Lamp of Thoth, L’Impero Delle Ombre, Lord Vicar, Mantak, Master, Master’s Hammer, Mayhem, Melechesh, Messiah, Midnight, Minotaur, Mortal Sin, Mütiilation, Necromantia, Necrosadist, Nuclear Assault, Obituary, Obscurity, Orodruin, Pagan Altar, Pentagram, Piledriver, Possessed, Procession, Repulsion, Reverend Bizarre, Rigor Mortis, Rotting Christ, Sadistik Exekution, Saint Vitus, Sepultura, Shackles, Sigh, Sir Lord Baltimore, Skyforger, Slaughter, S.O.D., Spirit Caravan, Stiny Plamenu, Tankard, Thanatos, The Gates of Slumber, The Obsessed, The Rods, Lord Weird Slough Feg, Thin Lizzy, Toxic Holocaust, Trench Hell, Trouble, Tygers of Pan Tang, U.D.O.. Uriah Heep, Warlock, Warpig, Weapon, Wino, Witchfynde, Witchtrap, Xibalba, and Zemial.

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From reader reviews:

Margaret Burman:

Spent a free time and energy to be fun activity to complete! A lot of people spent their leisure time with their family, or their own friends. Usually they performing activity like watching television, going to beach, or picnic within the park. They actually doing same every week. Do you feel it? Will you something different to fill your current free time/ holiday? May be reading a book is usually option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the book untitled Hellbent for Cooking: The Heavy Metal Cookbook can be fine book to read. May be it could be best activity to you.

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