



# 100 Vegetables and Where They Came From

*William Woys Weaver*

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## **100 Vegetables and Where They Came From** William Woys Weaver

A perfect leek from France. Flavorful zucchini from Italy. An infamous potato from Ireland, and a humble lentil from Ethiopia. *100 Vegetables* offers a veritable cornucopia of vegetables and stories from around the world--from Argentina to Zimbabwe, from Australia to the United States. William Woys Weaver--veggie connoisseur, gardener, and historian--guides us through a range of peppers, potatoes, peas, gourds, onions, tomatoes, greens, and a whole lot more.

Not every carrot is the same. All beans aren't equal. Take the Petaluma Gold Rush bean, a rugged legume, grown for over 150 years and brought to California by an American whaler from Peru. Or the violet carrot, which the Greeks brought back from India following the conquests of Alexander the Great.

Mixing history, culinary suggestions, practical information, and personal anecdotes, Weaver introduces us to unusual heirloom vegetables as well as to common favorites. He provides answers to general questions, such as the difference between a yam and a sweet potato, and presents lively portraits of one hundred vegetable varieties, which he's grown and harvested in his own kitchen garden.

Organized alphabetically by common name, *100 Vegetables* includes beautifully detailed drawings throughout and a helpful appendix of seed resources.

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