



Ayurveda Revolutionized: Integrating Ancient And Modern Ayurveda.

Edward Tarabilda

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This book gives readers a new perspective in the practice of Ayurveda. It is not meant to replace what exists at present, but to be complimentary. This system is not new, but is offered as a revitalized approach to Ayurveda. The thesis put forth by the author in this text is that it is not constitution, as modern Ayurveda contends, but rather Seven Disease Tendencies which are fundamental to the treatment of disease. In fact, this approach is mentioned by Charaka, the father of Ayurveda, in his CHARAKA SAMHITA, the authoritative texts of Ayurveda.

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