



Subtle Aromatherapy

Patricia Davis

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Although the use of essential oils to help physical, mental and emotional problems has been thoroughly investigated and described over the past few decades, this is the first book devoted solely to their use on a subtle or spiritual level.

Written by the author of the best-selling aromatherapy book of all time, *Aromatherapy An A-Z*, it examines the applications of aromatherapy in personal and spiritual growth, meditation and healing.

Topics covered include Vibrational Healing, The Role of the Healer, Methods of Use, Chakra Energy, Essential Oils and Crystals, Meditation etc., etc., with detailed notes on the subtle properties of the individual oils.

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