



You Are an Ironman: How Six Weekend Warriors Chased Their Dream of Finishing the World's Toughest Triathlon (Hardback) - Common

By (author) Jacques Steinberg

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A "New York Times" bestselling author takes readers inside the Ironman triathlon. As he did so masterfully in his "New York Times" bestseller, "The Gatekeepers, " Jacques Steinberg creates a compelling portrait of people obsessed with reaching a life-defining goal. In this instance, the target is an Ironman triathlon-a 2.4-mile open-water swim followed by a 112-mile bike ride, then finally a 26-mi...

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