



The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom

Sharon Hersh

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In an age of tell-all addiction memoirs and reality television programs, we gulp down the stories of others in the hope that we, too, can be overcomers—even as we continue to love a person, substance, activity, or ideology too much.

As Sharon Hersh writes, “We all suffer from the same condition.” In *The Last Addiction*, she explores *why* we are prone to addiction—to make one thing in our lives more central than it should be—and how we can break free of our compulsions.

This is not a book of “self-help” answers or “how-to” steps. It is a book about falling down and getting up again, about realizing that we need more than ourselves to be saved. The truth is, we’re not as bad as we think we are—and we are worse than we ever dreamed. When we live between those two realities, we are ready to let go of the last idol: the belief that we can save ourselves.

The Last Addiction invites you to see your own story more clearly as you better understand your longing for intimacy. It invites you to love boldly and receive love in return. It invites you to the freedom of redemption.

From the Trade Paperback edition.

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Playing with family within a park, coming to see the marine world or hanging out with pals is thing that usually you have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom, you could enjoy both. It is great combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't get it, oh come on its known as reading friends.

Christina Epp:

As a college student exactly feel bored to reading. If their teacher asked them to go to the library or to make summary for some reserve, they are complained. Just very little students that has reading's heart and soul or real their leisure activity. They just do what the professor want, like asked to the library. They go to right now there but nothing reading very seriously. Any students feel that reading through is not important, boring as well as can't see colorful pics on there. Yeah, it is to get complicated. Book is very important in your case. As we know that on this period of time, many ways to get whatever we would like. Likewise word says, ways to reach Chinese's country. Therefore , this The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom can make you truly feel more interested to read.

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confuse in what must you're doing of their time.

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