



# Manual de psicopatología clínica. 2ª ed. (Salud Mental) (Spanish Edition)

*Adolfo Jarne*

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## **Manual de psicopatología clínica. 2ª ed. (Salud Mental) (Spanish Edition)** Adolfo Jarne

Vivimos en una sociedad con una enorme carga de sufrimiento mental. Este malestar se traduce en una superabundancia de diagnósticos psicopatológicos y un hiperconsumo de psicofármacos y psicoterapias de todo tipo. Sin embargo, a pesar de este incremento de recursos terapéuticos, las cifras de trastornos mentales presentes en la población no deja de aumentar día a día.

Este nuevo Manual de psicopatología, actualizado con los datos del DSM-5, aporta una visión sistemática y actualizada del complejo mundo de los trastornos psicopatológicos. El texto ofrece una descripción precisa de cada trastorno, sus características principales y su diagnóstico diferencial, ilustrando cada uno de ellos con casos clínicos. Será muy útil para todos los estudiantes y profesionales de la salud mental: médicos, psiquiatras, psicólogos, trabajadores sociales, educadores y terapeutas de diversa índole.

Esta obra es el resultado de un trabajo conjunto de un grupo de profesores de la Universitat de Barcelona y de la Universitat Ramon Llull, con amplia experiencia docente, junto con diversos profesionales de otras instituciones. El enfoque del conjunto combina el rigor académico básico con una visión más crítica y poliédrica de los diferentes cuadros clínicos que se presentan en las consultas de salud mental.

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