



Broken Promises, Mended Hearts: Maintaining Trust in Love Relationships

Joel Block

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Even the strongest relationship can be eroded by common, everyday breaches of trust. A small lie about a purchase, a slight exaggeration about a job promotion, a cover-up for a forgotten birthday--each takes a bite out of trust. Over time, intimate confidences are weakened and the foundation of trust begins to crumble. Filled with inspiring case studies from Dr. Joel Block's private practice, *Broken Promises, Mended Hearts* offers couples an innovative, solution-oriented approach to restoring trust and repairing love relationships shattered or eroded by betrayal.

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