



# Forgiveness Therapy

*Robert D. Enright, Richard P. Fitzgibbons*

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Benefiting from over 13 years of new research, the second edition of *Helping Clients Forgive*, now retitled *Forgiveness Therapy*, updates and expands the pioneering work of Doctors Enright and Fitzgibbons. The significant development of *Forgiveness Therapy*, and greater understanding of excessive anger in psychiatric disorders, make the second edition of this title a vital tool for clinicians interested in this unique method of therapy. Featuring entirely new chapters focused on *Forgiveness Education* and the legacy of those who enter forgiveness therapy, the second edition also expands all of the text with new case studies, new empirical evaluation, modern philosophical roots of forgiveness therapy, and new measurement techniques.

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