Peer Programs: An In-Depth Look at Peer Programs: Planning, Implementation, and Administration

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The *Peer Power Program* is a peer training program designed for middle, high school, and higher education students, focusing on 8 core skills: Attending, Empathizing, Summarizing, Questioning, Genuineness, Assertiveness, Confrontation, and Problem Solving. Through a series of exercises, games, and self-awareness techniques, youth and adults involved in the program can gain the basic communication and mediation skills necessary to effectively help their peers.

An overview of peer helping, *Peer Programs* explains the value of and techniques for helping non-professionals learn to help others one-on-one, in small groups and in groups of classroom size. Intended to be of use to those responsible for planning, implementing and/or administering peer programs, this text should also convince those who are not directly involved that peer helping is a worthwhile undertaking – reducing drug and alcohol abuse, dropouts, violence and conflict, HIV and AIDS, pregnancy, stress and negative peer pressure. New features of this edition include:

- updated rationale for peer programs
- updated highlights from current evaluation
- added professionalism- CPPE. Certified Program, Programmatic Standards, Rubric and others
- CD of forms to customize for all phases of the Peer Program
- step-by-step guide of new and current programs

This book is an indispensable guide for learning important aspects of training peer helpers and as a resource book for a wide range of professional peer helpers, such as: administrators; managers; teachers; counselors; ministers; religious educators; social workers; psychologists; human resource personnel and others in the helping professions.

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