



A Teacher's Guide to Adapted Physical Education: Including Students With Disabilities in Sports and Recreation, Fourth Edition

Martin E. Block

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A healthy, active lifestyle for all students: That's the promise of physical education, and the goal of this comprehensive textbook. Now in a thoroughly updated fourth edition, this text prepares current and future PE teachers to lead welcoming, inclusive classes where every student participates, makes friends, and learns new skills and values. K–12 physical educators will get **cutting-edge research and guidance** on inclusive education, **concrete strategies** for planning and implementing an adapted PE program, and valuable **disability-specific information**. An essential resource for preparing both general PE teachers and adapted PE teachers, this text will provide a solid foundation for physical education classes that meet every student's needs.

WHAT'S NEW:

- **9 new chapters on teaching students with specific disabilities.** These significant new additions make this book an ideal primary text for Adapted Physical Education (APE) courses
- **Aligns with key elements from the NASPE standards** for general physical education and the Adapted Physical Education National Standards for APE
- **More student-friendly features:** updated tips and reproducible forms for planning and teaching, chapter objectives, additional resources, and more case studies
- **More photos and illustrations** throughout the book to emphasize key points

SELECTED TOPICS COVERED: Program planning and assessment * instructional modifications * curricular modifications * game modifications * autism * intellectual disabilities * learning disabilities * ADHD * behavior disorders * hearing loss * visual impairments * physical disabilities * social acceptance * safety issues * positive behavior support * community-based recreation * diversity issues

FOR INSTRUCTORS: Includes PowerPoint slides and sample syllabi for using the text in Inclusion in PE or APE classes. Click here to access instructor materials.

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