

Ain't Misbehavin': Tactics for Tantrums, Meltdowns, Bedtime Blues and Other Perfectly Normal Kid Behaviors

Alyson Schafer

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Bestselling author, psychotherapist, and leading parenting expert on tackling any child's worst behavior.

Following her phenomenally successful, *Honey, I Wrecked the Kids*, parenting guru Alyson Schaefer addresses every parent's secret fear: their child is the one no parenting book can possibly help. In her newest book, she conquers, one by one, all those behavioral bugaboos that can make a child seem, at times, impossible-and a parent's life hell. With explicit, life-saving tips on the perfect thing to say or do when things get out of control, *Ain't Misbehavin'* offers parents a sensible, democratic solution to meeting even the toughest discipline challenges.

- Includes first-person accounts of literally hundreds of parenting conundrums-with practical insights on what exactly to do
- Full of detailed "how to do it" advice for a multitude of situations parents inevitably face

While acknowledging the daily reality that parents face, Schaefer's humor and experience make this book a must for parents who want to preserve the peace and also the joy of raising a child.



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