



Over 50 Feeling 30!

William H. Lee M.D.

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Answering "YES" to any of these questions may be cause to read this book! **WOMEN DO YOU WANT TO:**

- Get rid of hot fl ashes, night sweats and brain fog?
- Know the truth about bioidentical hormone safety?
- Bring back the libido?
- Lose the extra weight?
- Control the Moody Blues?
- Stop being tired of being tired?
- Minimize stress and enhance sleep?

MEN DO YOU WANT TO:

- Regain feeling of invincibility?
- Rebuild workout capacity and muscle mass?
- Maintain an active sex life?
- Discover the value of testosterone?
- Control belly fat?
- Sharpen mental capacity?
- Minimize stress and enhance sleep?

WOMEN AND MEN: Are these problems getting worse? Do they cause fi nancial loss, emotional loss and physical loss? Do you want your body, health and energy back? Following the principals in this book Will help you to

avoid the chronic degenerative diseases of aging: Heart Disease, Cancer, Dementia, Diabetes, Stroke, Joint

Disease William H. Lee, M.D. • Board Certified Obstetrician - Gynecologist • Board Certified by American Association of Anti-Aging Medicine • Certifi ed Schwarzbein Principles Nutrition and GI Practitioner •

Expertise in Female Menopause Management • Expertise in Male Andropause Management • Expertise in

Growth Hormone Defi ciency Management • Expertise in Healthy Weight Management • Integration of

Conventional, Functional, and Alternative Medicine • Offers Bioidentical Hormone Replacement,

Physiological Testosterone Replacement,Physiological Growth Hormone Replacement, and Nutritional

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