



What If It Really Is...?

Mary Ratcliffe

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A compelling, easily understandable, down-to-earth and often humorous look at the subconscious mind from a totally different and refreshingly positive angle. Written in a light-hearted style that sheds a clear light on powerful new ideas and theories by an ingenious use of amusing analogies and interesting anecdotes from every-day life. It speaks clearly and effortlessly, no hint of jargon, to anyone who has an enquiring mind, maybe an interest in becoming a therapist, and certainly a wish to become healthier and happier. Looking at the subject from an unusual perspective and seeing a whole new and bright horizon emerging.

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