



Dude, You're a Dad!: How to Get (All of You) Through Your Baby's First Year

John Pfeiffer

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Dude, You're a Dad!: How to Get (All of You) Through Your Baby's First Year John Pfeiffer

Your guide to living with your new family!

Pregnancy was just the warmup. Now, it's time to get into the game and help your family through your baby's first year.

From 4 A.M. feedings and visiting the pediatrician to getting back to work and hopping into bed with Mom, *Dude, You're a Dad* leads you through all the trials and tribulations you'll face as a new dad. Author John Pfeiffer has braved the journey not just once but three times, and will tell you exactly what changes to expect as well as what you can be doing for your baby--and your baby mama--during this time. Complete with foolproof parenting strategies for handling tricky situations, this book also braces you for the years to come, which will be full of head banging, temper tantrums, and restless days.

The first twelve months are make-or-break when it comes to parenting and *Dude, You're a Dad* is your guide to making sure that nothing gets broken.

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